

Navigating the Adolescent World: An Interactive Parent Workshop

Teens seem to be testing parental limits more than ever. In this workshop, parents will learn how to effectively communicate and set limits with their teen. Specific strategies will be taught so parents can support their teens as they face the difficult challenges of adolescence, and create a healthy and balanced home life.

Date: Tuesdays, February 9, 16, and 23, 2010

Time: 6:30 – 8:30 p.m.

Location: West Ranch High School - Library

26255 Valencia Boulevard

Santa Clarita, CA 91381

Facilitator: Mary McGrath

To register, or for additional information,
please call Gloria Lopez, at (661) 362-3531.



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